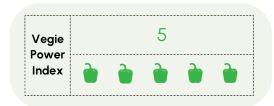
Asian bean salad







BASED ON: 10 SERVES

Recipe classification	АСТ	NSW	NT	QLD	SA	TAS	VIC	WA
	Green	Everyday	Green	Green	Green	Green	Green	Green

PREP/COOKING TIME: 20 MINUTES

INGREDIENTS	SERVES 10	SERVES 25	SERVES 50
Fresh bean shoots	4 cups	10 cups	20 cups
Mushrooms, diced	400 g	1 kg	2 kg
Large carrots, grated	2	5	10
Spring onions, chopped	12	30	60
Celery sticks, chopped	4	10	20
440 g can 4 bean mix, rinsed	2 cans	4 cans	8 cans
Olive oil	6 Tbsp	10 Tbsp	20 Tbsp
White vinegar	2 Tbsp	5 Tbsp	10 Tbsp
Soy sauce	2 Tbsp	5 Tbsp	10 Tbsp
Sugar	1 tsp	3 tsp	6 tsp
Ground ginger	½ tsp	½ tsp	1 tsp

METHOD

- 1. Combine bean shoots, mushrooms, carrot, onion, and beans in a large bowl
- 2. In a separate bowl, whisk together remaining ingredients and toss through salad just prior to serving

TIPS

This salad is excellent as part of a wrap or bread roll