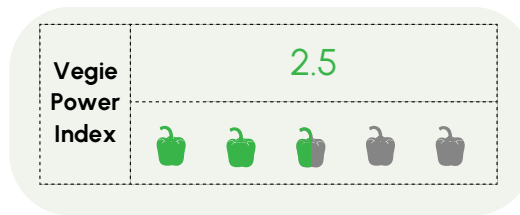


# Vegetable corn toast



Recipe classification	ACT	NSW	NT	QLD	SA	TAS	VIC	WA
	Green	Everyday	Green	Green	Green	Green	Green	Green

**PREP/COOKING TIME: 15 MINUTES**

**BASED ON: 10 SERVES**

## INGREDIENTS

	SERVES 10	SERVES 25	SERVES 50
celery sticks, chopped	2 1/2 sticks	6 sticks	12 sticks
capsicums, seeded & chopped	1/2	1	2
spring onions	1/4 bunch	1/2 bunch	1 bunch
creamed corn	75 g	185 g	375 g
bread slices	10	25	50
OR split English muffins	5	12 1/2	25

## METHOD

1. Saute celery, capsicum and spring onions for 2 - 3 minutes
2. Stir in creamed corn and cook gently until heated through
3. Spoon onto toasted bread or English muffin halves